

Source: The Medicinal Herb Grower volume I by Richo Cech

Potting Mix		Standard	Fast-Draining	Fluffy, Moisture-Retentive	Forest Floor	Poor Drainage	Coniferous Acid Loam	Desert	Cacti	Crossover Herbs/Vegetables
Hydrated Coir	1	1	1-1/2	2	2	1 Peat Moss	1	1/2	1/2	
Compost	1	1	1-1/2	1/2	1	1	1/2	1/2	2	
Course Sharp Sand	1/2	1/4	1/4	1/4	1/4	0	1	2	1/2	
Pumice	1	1	3/8	1/2	0	1/2	1	2	1/2	
Related Soil as Inoculant						1/16	1/16	1/16		
<b>Micronutrient Mix 2 Tbs/</b>										
Kelp Powder	1 cup	“	“	“	2 cups	“	“	“	“	
Colloidal Rock Phosphate	1/2 cup	“	“	wood ashes	1/4 cup	0	“	“	“	
Oyster Shell	1/2 cup	“	“	“	“	“	“	“	“	
Ground Limestone	1/2 cup	“	“	“	1/4 cup	0	“	1 cup	“	
<b>Examples</b>										
Plants	houseplants	trees, ginkgo, echinacea angustifolia	boneset, echinacea purpurea	goldenseal, spice bush, black cohosh	cardinal flower, boneset, gravel root	arnica montana, chinese coptis, yellow gentian, yarrow	licorice, mandrake, Mormon tea, white sage	Catus	artichoke, asparagus, basil, cucumber, peppers, tomato	